



WHICH CAMPUS RESOURCES COULD BENEFIT YOU?

Put a check in front of each statement that applies to you. Then look at the number(s) following each statement to determine which campus services may be able to assist you. **Please note that this is not intended to be an all-inclusive list**

- I feel like I never have enough time in the day (1).
- I often feel depressed and/or anxious (2, 3, 17).
- I feel unsafe in my relationship (3, 15, 17).
- I am unfamiliar with how to use Campus technology, such as MyIllinoisState (21).
- I struggle with math (1, 7).
- No matter how hard I study, I get nervous when I take tests (1, 3).
- I don't know how I best learn (1).
- I have a learning disability (4).
- I have no idea what career or major I want (3, 6, 10).
- I feel overwhelmed by my responsibilities (1, 3, 17).
- I am confused about which courses I should be enrolling in (6).
- I am generally an unorganized person (1, 3).
- I can't afford my textbooks (1, 12, 18).
- I have trouble writing papers (1, 8).
- I have a vision or hearing impairment (2, 4).
- I don't know how to take good notes (1).
- I don't have enough money to pay my bills (1, 12, 18).
- I need help documenting my sources (1, 8).
- I have difficulty reading and understanding textbooks (1, 4).
- I have/had a health problem and am having trouble with the medical bills (2, 12).
- I consider myself a non-traditional ISU student (5, 9, 13, 14).
- I am upset because of problems back home and just need someone to talk to (3, 5).
- I am having problems with a professor (5, 6, 15).
- I don't have an academic advisor (or I don't know who he/she is) (6).
- I need to drop a course (6, 12, 16).
- I am worried about a friend or family member who has a health concern (3, 5, 17).
- I need to retake the ALEKS exam (19).
- I can't find research articles for my paper (1, 8).
- I have incompletes (6, 16).
- I am the first in my family to attend college (1, 6, 9).
- My roommate and I had a fight and I don't know what to do about it (3, 5, 20).
- I had an IEP or 504 plan when I was in High School (4).
- I have ADHD/ADD (2, 4).
- I am interested in buying a new computer and accessories on campus (11).
- I am a veteran (4, 5, 13, 14).
- I have trouble making decisions (3).
- An instructor said something in class that made me uncomfortable (6, 15).
- I am confused or concerned about financial aid issues (12, 18).
- I am a victim of discrimination on campus (15).
- I have/had a health concern and am not sure what help is available (2, 17).
- I need extra support this semester (1, 5, 9).
- I am having trouble with my landlord (5).
- I need help writing a resume (10).
- I can't get into the major I want and I need help finding an alternative (6, 10).
- I have a documented disability (4).
- I have a demonstrated financial need according to federal guidelines (9, 12, 18).
- Sometimes I can't find someone to help me work through a difficult math problem (1, 7).



Campus Resource Key

Look at the key below to find the name and contact information for campus services which may be beneficial to you.

Campus Resource	Contact Information
1. Julia N. Visor Academic Center	Vrooman 12 309-438-7100, www.UniversityCollege.IllinoisState.edu
2. Student Health Services/Student Insurance Office	Student Services Building 309-438-8655 (health) or 309-438-2515 (insurance), www.healthservices.IllinoisState.edu
3. Student Counseling Services	320 Student Services Building 309-438-3655, www.counseling.IllinoisState.edu
4. Student Access and Accommodation Services	350 Fell Hall 309-438-5853, www.studentaccess.ilstu.edu
5. Dean of Students Office	387 Student Services Building 309-438-2008, www.deanofstudents.ilstu.edu
6. Department or University College Academic Advisor	University College Academic Advisement: 340 Fell Hall 309-438-7604, www.UniversityCollege.IllinoisState.edu/advising
7. Mathematics Tutor Center (Math Lab)	330 Stevenson http://math.IllinoisState.edu/resources/tutoring.shtml
8. Milner Library	201 North School St 309-438-3451, www.library.IllinoisState.edu
9. TRIO/Student Support Services	387 Fell Hall 309-438-2099, www.UniversityCollege.IllinoisState.edu/sss
10. Career Center	185 Student Services Building 309-438-2200, www.careercenter.IllinoisState.edu
11. Tech Zone	205 Bone Student Center 309-438-8334, www.techzone.IllinoisState.edu/
12. Financial Aid Office	101 Hovey Hall 309-438-2231, www.financialaid.IllinoisState.edu
13. Adult Learner Services	University College (Fell Hall 324) 309-438-3217
14. Veteran's and Military Services	112 Moulton Hall 309-438-2207, www.veterans.IllinoisState.edu
15. Office of Equal Opportunity, Ethics, and Access	208 Hovey Hall 309-438-3383, www.equalopportunity.IllinoisState.edu
16. Registrar Service Center	107 Moulton Hall 309-438-2188, www.registrar.ilstu.edu
17. Health Promotion & Wellness	187 McCormick Hall 309-438-9355, www.wellness.IllinoisState.edu/
18. Scholarship Resource Office	101 Hovey Hall 309-438-2740, www.financialaid.IllinoisState.edu/scholarships/
19. Testing Services	346 Fell Hall 309-438-2100, www.Registrar.IllinoisState.edu/testing
20. University Housing Services	Office of Residential Life Building 309-438-8611, www.housing.IllinoisState.edu/
21. Help Desk	145 Julian Hall 309-438-4357, www.helpdesk.IllinoisState.edu