KEYS TO ACADEMIC and CAREER SUCCESS

STAGE 1: EXPLORE

ACADEMIC ACHIEVEMENT
• Always strive for academic success.
• Attend and actively participate in classes, and get to know your professors.
• Meet with your academic advisor and faculty to discuss major requirements and your academic goals.
• Participate in and contribute to department-based introductory classes.
• Explore your academic and career interests online. Contact the Career Center for help.
• Attend available tutoring sessions and workshops as needed.

TRANSFERABLE SKILLS
• Develop your transferable skills, such as writing, communication, or public speaking. Seek a part-time job, internship, or other experiences to build your current skill set.

EXPERIENCES AND INVOLVEMENT
• Explore student organizations, volunteer, and seek leadership or civic engagement opportunities.
• Attend academic, career, and campus events.

NETWORKING
• Conduct an informational interview with professionals in your areas of interest.

STAGE 2: EXPAND

ACADEMIC ACHIEVEMENT
• Create an academic plan with your academic advisor and faculty.
• Meet with your career advisor to identify career opportunities that align with your interests.
• Explore options to study abroad.

TRANSFERABLE SKILLS
• Refine writing, communication, analytical, and other transferable skills through course work and involvement opportunities.

EXPERIENCES AND INVOLVEMENT
• Obtain a leadership role in an organization.
• Attend academic, career, and campus events.
• Apply for internships at HireARedbird.Illinois-State.edu.

NETWORKING
• Get to know faculty.
• Conduct a job shadow with a professional in your area of interest.
• Create LinkedIn and Hire-A-Redbird profiles; visit the Career Center to learn how.

STAGE 3: EXECUTE

ACADEMIC ACHIEVEMENT
• Inquire about earning academic credit for an internship or research opportunity in your department.
• Evaluate the status of your academic and career plans.
• Ask faculty to serve as references to help meet your career goals.

TRANSFERABLE SKILLS
• Leverage your acquired writing, communication, analytical, and other transferable skills.

EXPERIENCES AND INVOLVEMENT
• Relate your internship experience to your course work and career preparation.

NETWORKING
• Meet with a career advisor and faculty to discuss job-search strategies.
• Establish a professional social media presence.
• Continue to build your network at academic, career, and campus events.

STAGE 4: EMBARK

ACADEMIC ACHIEVEMENT
• Research specific academic and career opportunities (i.e., job search, graduate school, etc.).
• Meet with your career advisor to implement job-search strategies.
• Apply to graduate programs or jobs that align with your goals.

TRANSFERABLE SKILLS
• Update and finalize your resume and related professional documents to include your transferable skills.

EXPERIENCES AND INVOLVEMENT
• Attend academic, career, and campus events.

NETWORKING
• Network with faculty.
• Maximize your professional networks (i.e., LinkedIn, professional contacts, etc.).
Get Career Ready!

Employers are seeking college graduates who are “Career Ready,” meaning they want to hire students who possess key transferable skills that will contribute to their success in the workplace. The National Association of Colleges and Employers (NACE) has identified eight competencies for career readiness.

Mix and Match

Align the below career readiness competencies with the Preview sessions you plan to attend

- **Critical Thinking/Problem-Solving:**
  Exercise sound reasoning to analyze issues, make decisions, and overcome problems

- **Oral/Written Communications:**
  Articulate thoughts and ideas clearly and effectively in written and oral forms to persons inside and outside of the organization

- **Teamwork/Collaboration:**
  Build collaborative relationships with colleagues and customers representing diverse cultures, races, ages, genders, religions, lifestyles, and viewpoints

- **Digital Technology:**
  Leverage existing digital technologies ethically and efficiently to solve problems, complete tasks, and accomplish goals

- **Leadership:**
  Leverage the strengths of others to achieve common goals, and use interpersonal skills to coach and develop others

- **Professionalism/Work Ethic:**
  Demonstrate personal accountability and effective work habits, e.g., punctuality, working productively with others, and time workload management; and understand the impact of non verbal communication on professional work image

- **Career Management:**
  Identify and articulate one’s skills, strengths, knowledge, and experiences relevant to the position desired and career goals; and identify areas necessary for professional growth

- **Global/Intercultural Fluency:**
  Value, respect, and learn from diverse cultures, races, ages, genders, sexual orientations, and religions

**What does your Career Readiness look like?**

While at Preview, reflect on what you plan to do at Illinois State to gain these skills.

- [ ] Student Organizations
- [ ] Part-Time Jobs
- [ ] Internships
- [ ] Leadership Experience
- [ ] Academic Projects & Participation
- [ ] Service Learning/Volunteering
- [ ] Study Abroad

For example: I plan to study abroad in Costa Rica. Through this experience I would strengthen my global and intercultural fluency by interacting with and learning from a diverse culture.
**Advanced placement program**

**Most common ADVP courses.**

For entire advanced placement list, refer to page 67 of the 2018–2019 catalog.

<table>
<thead>
<tr>
<th>Examination</th>
<th>Score for credit or exemption</th>
<th>Course for which credit is allowed</th>
<th>Semester hours allowed</th>
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<tr>
<td>Art History</td>
<td>5, 4, or 3</td>
<td>ART 155, 156</td>
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<td>Biology</td>
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<td>BSC 196, 197</td>
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<td>BSC 101</td>
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<td>Calculus Test BC</td>
<td>5, 4, or 3</td>
<td>MAT 145, 146</td>
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<td>2 with AB, subscore of 3</td>
<td>MAT 145</td>
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<tr>
<td>Chemistry</td>
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<td>CHE 140, 141</td>
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<td></td>
<td>4</td>
<td>CHE 140</td>
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<tr>
<td></td>
<td>3</td>
<td>CHE 110</td>
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<tr>
<td>Computer Science Principles</td>
<td>5, 4, or 3</td>
<td>IT 140</td>
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<td>Computer Science Test A</td>
<td>5, 4, or 3</td>
<td>IT 168</td>
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<tr>
<td>English Language Comp</td>
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<td>ENG 101</td>
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<td>European History</td>
<td>5 or 4</td>
<td>HIS 101, 102</td>
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<td>3</td>
<td>Gen Ed-H elective</td>
<td>3 hours</td>
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<tr>
<td>Government and Politics Comp</td>
<td>5, 4, or 3</td>
<td>POL 140</td>
<td>3 hours</td>
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<td>Psychology</td>
<td>5 or 4</td>
<td>PSY 110</td>
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<td>Gen Ed-SS elective</td>
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<tr>
<td>Spanish Language and Culture</td>
<td>5</td>
<td>SPA 115, 116</td>
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<tr>
<td></td>
<td>4</td>
<td>SPA 112, 115</td>
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<tr>
<td></td>
<td>3</td>
<td>SPA 112</td>
<td>4 hours</td>
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<tr>
<td>U.S. Government and Politics</td>
<td>5, 4, or 3</td>
<td>POL 106</td>
<td>3 hours</td>
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<tr>
<td>U.S. History</td>
<td>5 or 4</td>
<td>HIS 135, 136</td>
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<td>3</td>
<td>Gen Ed-UST elective</td>
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<tr>
<td>World History</td>
<td>5 or 4</td>
<td>HIS 101</td>
<td>3 hours</td>
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<tr>
<td></td>
<td>3</td>
<td>Gen Ed-H elective</td>
<td>3 hours</td>
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</tbody>
</table>

**Codes used for categories throughout General Education**

- FA ...................... Fine Arts
- H ......................... Humanities
- ICL ........................ Individuals and Civic Life
- LH ............................. Language in the Humanities
- MAT ........................ Mathematics
- NS ............................. Natural Science
- NSA ........................ Natural Science Alternatives
- QR ............................. Quantitative Reasoning
- SMT .......................... Science, Mathematics, and Technology
- SS ............................. Social Science
- UST .......................... United States Traditions
GROUP 1
Communication and Composition
ENG 101 Composition as Critical Inquiry
ENG 101A Composition as Critical Inquiry
COM 110 Communication as Critical Inquiry
COM 110A Communication-Teacher Education

Mathematics [M]
MAT 113 Elements Mathematical Reasoning
MAT 118 Elementary Mathematical Modeling for Applied Science and Technology
MAT 120 Finite Mathematics
MAT 130 Dimensions of Numerical Reason
MAT 145 Calculus I

Natural Sciences [NS]
BSC 101 Fundamental Concepts in Biology
BSC 101A (for Elementary Teachers)
CHE 102 Chemistry and Society
GEO 102 Principles of Geology
PHY 102 Atoms to Galaxies

Natural Science Alternatives [NSA]
BSC 196 Biological Diversity
BSC 197 Molecular & Cellular Basis of Life
CHE 110/112 Fundamentals of Chemistry & Lab
CHE 140 General Chemistry I
PHY 105 Fundamentals of Physics
PHY 108 College Physics I
PHY 110 Physics for Science & Engineering I

United States Traditions [UST]
ENG/HIS 131 American Culture
FCS/HIS/SOC 112 American Family
GEO 142 Human Geography
HIS 135 U.S. History to 1865
HIS 136 U.S. History since 1865
HIS/SOC 111 American Diversity
LAU/SOC 109 Introduction to U.S. Latino/a Studies

Individuals and Civic Life [ICL]
ANT 176 Culture, Power, and Civic Life
CJS 102 Individuals, Society, & Justice
ENG 183 Rhetoric as Civic Literature
PHI 104 The Ideal of Democracy
POL 101 Citizens and Governance
POL 106 U.S. Gov. & Civic Practices
SOC 106 Intro to Sociology
SOC 241 People in Places: Understanding & Developing Community

GROUP 2
Fine Arts [FA]
ART 155 Survey of Art I
ART 156 Survey of Art II
ART 176 Arts & Society: Visual Arts
ART 275 World Arts: Visual Arts **
ART 282 Art History Abroad
MUS 152 Experiencing Music
MUS 153 Black Music I **
MUS 154 Black Music II **
MUS 157 History of Jazz
MUS 176 Arts & Society: Music
MUS 275 World Arts: Music – Non-Music Majors
MUS 275A01 World Arts: Music – Music Majors**
THE 152 Experiencing Theatre
THE 176A01 Arts & Society: Theatre
THE 176A02 Arts and Society: Film
THD 213 Theatre for Social Change
THE 275A01 World Arts: Theatre **
THE 275A02 World Arts: Film **

NOTE: Students can also complete 3 hours of ensemble courses (listed on page 77 of the catalog) to meet the 3 hour Fine Arts requirement.

Humanities [H]
ENG 110 British Literature & Its Contexts
ENG 130 Survey of American Literature
ENG 150 World Literature to the 14th Century
ENG 160 Intro to Studies in Women's Writing
ENG 165 Intro to African-American Literature / Culture
ENG 170 Foundations in Literature for Children
ENG 229 Intro to Literary Genres
ENG 250 Literature of the Bible I
ENG 251 Literature of the Bible II
ENG 261 Women's Lit in a Global Context
ENG/LAN 206 Cultural Expressions in Social Contexts: Women of Asia, Latin America & Africa**
HIS 101 Western Civilization to 1500
HIS 102 Modern Western Civilization
HIS 104 History of Asia, Middle East, Africa, Latin America, or Indigenous Peoples **
HIS 107 The Making of Europe
HIS 285 History Study Abroad
IDS 112 European Studies: Intro to Europe
IDS 133A09 Study Abroad: Argentina History, Culture and Society
IDS 133A22 Study Abroad: Great Britain
IDS 203 Nations & Narrations **
IDS 205A05 Africa **
IDS 205A10 East Asia **
IDS 205A15 Latin America **
PHI 101 Basic Issues in Philosophy
PHI 150 Science and Human Culture
PHI 202 Sex, Values, & Human Nature
PHI 224 Meaning & Religious Belief
PHI 238 Rights and Wrongs
PHI 251 Visions of Self: Study of Minds and Persons

Language in the Humanities [LLH]
COM/ENG/LAN 128 Gender in the Humanities
ENG 124 English Style and Literature
ENG/LAN 125 Literary Narrative
FRE 116 Second Year French (Part II)
GER 116 Second Year German (Part II)
IDS 121 Texts and Contexts
IDS 212 European Studies: Europe Today
IDS 294 Religions and Cultures
ITN 116 Second Year Italian (Part II)
JPN 116 Second Year Japanese (Part II)
POR 116 Second Year Portuguese (Part II)
SPA 116 Second Year Spanish (Part II)
SPA 120 Introduction to Academic Spanish for Spanish Speakers

Quantitative Reasoning [QR]
Students pursuing a B.A. degree must complete the equivalent of LAN 115 or higher rather than one of these courses.
BEF/FIL 141 Personal Finance Literacy
ECO 138 Economic Reasoning Using Statistics
GEO 138 Maps and Geographic Reasoning
IT 115 Reasoning about Complex Systems
MAT 121 Applied Calculus
MAT 131 Geometric Reasoning: Earth Measurements
MAT 146 Calculus II
MAT 150 Fundamentals of Statistics
MMQ 100 Statistical Reasoning
PHI 112 Language, Logic & Math
PHY 117 Numerical Reasoning Nature, Technology
POL 138 Quantitative Reasoning in Political Science
PSY 138 Reasoning in Psychology Using Statistics

Science, Math and Technology [SMT]
AGR 201 Agriculture and the Environment
ANT 102 History of Origin
BSC 145 Human Biology
BSC 160 Microbiology and Society
BSC 170 Genetics and Society
BSC 202 Human Ecology
CHE 204 Chemistry of Life
FCS/HS/KNR 208 Dynamics of United States Contemporary Health Issues
GEO 202 Evolution of the Earth
GEO 207 Natural Disasters
GEO 211 Earth’s Dynamic Weather
HSC 156 Environmental Health in the 21st Century
IDS 265 Intro to Cognitive Science
IT 140 Interacting in a Digital World
IT 214 Social, Legal, and Ethical Issues in Information Technology
PHY 205 Origin of the Universe
PHY 206 Chaos and Complexity
PHY 207 Energy and the Environment
PHY 208 Astronomy and Space Science
TEC 170 Energy for a Sustainable Future
TEC 275 Technology and the Quality of Life

Social Sciences [SS]
AGR 201 Resources, Food & Society
ANT/ENG/LAN 143 Unity and Diversity in Language
ANT 185 Cultures of the World **
ANT 297 Lost Continents and Sunken Cities
CJS 101 Introduction to Criminal Justice Sciences
ECO 103 Individual and Social Choice
FCS 222 Cultural Diversity in Dears
FCS 224 Enduring Issues for Couples & Family
GEO 135 World Geography **
GEO 235 Geography of Emerging Areas **
GEO 235A01 Geography of Areas: Africa **
GEO 235A02 Geography of Areas: Latin America **
GEO 235A04 Geography of Areas: Middle East **
GEO 235A07 Geography of Areas: Japan Field Explorations **
HSC 170 Safety and Society
IDS 111 Peace Studies
IDS 113 The Entrepreneurial Mindset
POL 140 Intro to Politics of Africa/Asia/Latin America**
PSY 110 Fundamentals of Psychology
PSY/SOC 223 Social Psychology
SOC 108 Contemporary Social Problems in Global Perspectives
SOC 220 Global Social Change **
WGS 120 Gender, Sex, and Power

** Courses with AMALI designation, indicating a focus on cultures of Asia, the Middle East, Africa, Latin America, or the indigenous peoples of the world. Students not satisfying the AMALI graduation requirement through a major course should choose one (1) of these courses to fulfill an Illinois State University graduation requirement.
# General Education

## Group 1
- **Communication and Composition**
  - ENG 101 or 101a
  - COM 110

- **Mathematics (MAT)** — 1 course

- **Natural Sciences (NS or NSA)** — 2 courses

- **United States Traditions (UST)** — 1 course

- **Individuals and Civic Life (ICL)** — 1 course

### Additional course options
- **major/desired major**

### Freshman seminars/electives

## Group 2
- **Fine Arts (FA)** — 1 course

- **Humanities (H)** — 1 course

- **Language in the Humanities (LH)** — 1 course

- **Quantitative Reasoning (QR)** — 1 course
  - (or LAN 115 or higher for BA)

- **Science, Math, and Technology (SMT)** — 1 course

- **Social Science (SS)** — 1 course

### Second major/minor

### Foreign language

### Sample schedule
- **course name**
- **designation**
- **hours**

*Total semester hours (12 hrs=full time)*
# General Education

<table>
<thead>
<tr>
<th>Major</th>
<th>Sequence</th>
<th>Exemption</th>
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<tbody>
<tr>
<td><strong>College of Applied Science and Technology (CAST)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>AGR</td>
<td>All programs</td>
<td>QR</td>
</tr>
<tr>
<td>CJS</td>
<td>All programs</td>
<td>None</td>
</tr>
<tr>
<td>PCS</td>
<td>Fashion Design and Merchandising</td>
<td>None</td>
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<tr>
<td></td>
<td>Food, Nutrition, and Dietetics</td>
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<tr>
<td></td>
<td>Human Dev. and Family Science</td>
<td>SS</td>
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<tr>
<td></td>
<td>Interior Design</td>
<td>SS</td>
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<td></td>
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<td>HSC</td>
<td>Env. Health</td>
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<td>Health Info. Management</td>
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<td>Health Promotion and Education</td>
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<td>Medical Lab Science</td>
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<td></td>
<td>Safety</td>
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</tr>
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<td>KNR</td>
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<tr>
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<td>Construction</td>
<td>SMT</td>
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<tr>
<td></td>
<td>Management</td>
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<tr>
<td></td>
<td>Engineering Tech.</td>
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<tr>
<td></td>
<td>Graphics Comm.</td>
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<td></td>
<td>Industrial Tech.</td>
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<td></td>
<td>Tech and Engineering Education</td>
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<td>CSD</td>
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<td>French all sequences</td>
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<td>SOC</td>
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<td>SWK</td>
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<tr>
<td><strong>College of Business (COB)</strong></td>
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<tr>
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<td>TCH</td>
<td>Early childhood education</td>
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<td></td>
<td>Elementary education</td>
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<td></td>
<td>Middle level education</td>
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<tr>
<td><strong>College of Fine Arts (CFA)</strong></td>
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<td>MUS</td>
<td>All programs (except Teacher Education)</td>
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<td>Music Teacher Education</td>
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<td>THD</td>
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<td><strong>Mennonite College of Nursing (MCN)</strong></td>
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<td>NUR</td>
<td>All programs (1 course only)</td>
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</table>
**ENG 101**
Class size=23  1 instructor

May appeal to students who:
Read regularly for school or pleasure
Disciplined and motivated
Consider themselves good readers

**ENG 101A10**
Class size=18  2–3 instructors

OR

May appeal to students who:
Read only when required
Need assistance getting started/staying motivated
Do not consider themselves good readers

**COM 110**
Class size=23  1 instructor

May appeal to students who:
Learn to communicate effectively in group settings
Desire to build public speaking skills

Both courses should be completed by the end of your freshman year:

ENG 101 or 101A10:______________________________

COM 110:______________________________

**Math placement**

**MAT 102a01**
Basic Algebra: Developmental Numerical Reasoning

**MAT 102**
Basic Algebra

**MAT 104**
Intermediate Algebra

**MAT 109**
Dimensions of Numerical Reasoning

**MAT 113**
Elements of Mathematical Reasoning

**MAT 118**
Elementary Mathematical Modeling for Applied Science and Technology

**MAT 119**
College Algebra

**MAT 120**
Finite Mathematics

**MAT 108**
Trigonometry

**MAT 144**
Precalculus

**MAT 145**
Calculus I

Major and minor  MAT track and beginning class
Natural Sciences (NS)

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<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tr>
<td>BSC 101</td>
<td>Fundamental Concepts in Biology</td>
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<tr>
<td>BSC 101A01</td>
<td>(for Elementary Teachers)</td>
</tr>
<tr>
<td>CHE 102</td>
<td>Chemistry and Society</td>
</tr>
<tr>
<td>GEO 102</td>
<td>Principles of Geology</td>
</tr>
<tr>
<td>PHY 102</td>
<td>Atoms to Galaxies</td>
</tr>
</tbody>
</table>

Natural Science Alternatives (NSA)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>BSC 196</td>
<td>Biological Diversity</td>
</tr>
<tr>
<td>BSC 197</td>
<td>Molecular &amp; Cellular Basis of Life</td>
</tr>
<tr>
<td>CHE 110/112</td>
<td>Fundamentals Chemistry &amp; Lab</td>
</tr>
<tr>
<td>CHE 140</td>
<td>General Chemistry I</td>
</tr>
<tr>
<td>PHY 105</td>
<td>Fundamentals of Physics</td>
</tr>
<tr>
<td>PHY 108</td>
<td>College Physics I</td>
</tr>
<tr>
<td>PHY 110</td>
<td>Physics for Science &amp; Engineering I</td>
</tr>
</tbody>
</table>

Rank the general education sciences

1. ___________________________________________
2. ___________________________________________
3. ___________________________________________
4. ___________________________________________

Things to remember about the general education science requirement

1. Two courses from different disciplines are required.
2. NSAs are math and major dependent.

Foreign language information to keep in mind

1. CAS language requirement: All graduates of the College of Arts and Sciences must satisfy a foreign language graduation requirement that may be met by: three years of one foreign language in high school, or successful completion of the second semester or higher of college-level foreign language with a passing grade, or equivalent proficiency as determined by examination. More information is on page 203 of the 2018–2019 ISU catalog.

2. Bachelor of Arts requirement: Knowledge of a foreign language as demonstrated by successful completion of LAN 115, or the equivalent.


4. CAP credit: You must apply for CAP credit in the LLC department office (STV 114). Credit is granted upon completion at ISU of one course with the grade of C or better.

<table>
<thead>
<tr>
<th>Class</th>
<th>Class credits</th>
<th>Years of H.S. language</th>
<th>Cap credit</th>
<th>Total credits earned</th>
</tr>
</thead>
<tbody>
<tr>
<td>111</td>
<td>4</td>
<td>0–1 year</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>112</td>
<td>4</td>
<td>1–2 years</td>
<td>4</td>
<td>8</td>
</tr>
<tr>
<td>115</td>
<td>4</td>
<td>3–4 years</td>
<td>8</td>
<td>12</td>
</tr>
<tr>
<td>116</td>
<td>4</td>
<td>4+ years</td>
<td>8</td>
<td>12</td>
</tr>
</tbody>
</table>
Fall 2018 Calendar

August 15–19: Welcome Week (Wednesday–Sunday)

August 17: Fall proficiency exams taken in departments at 1 p.m.

August 20: First day of classes

Make final adjustments to schedule—contact academic advisor prior to making changes.

August 24: Last day to add a full-semester class without a department/school override

Explore Support Services, like tutoring and study skills opportunities at the Visor Center

August 30: Festival ISU—Explore campus activities and opportunities.

August 31: Last day to drop a full-semester class with no grade assigned. If you wish to drop a class, contact your academic advisor first. Registration ends.

September 3: Labor Day—No Classes

Start planning to make an appointment with your academic advisor. Registration for spring is October 15 through January 18.

October 8: Academic Progress Alert grades available online after 1 p.m. Discuss grades and improvement strategies with the professor if necessary.

October 12: Last day to drop a full-semester class. You will receive a WX. Contact your academic advisor prior to dropping a class.

October 15: Second-half semester classes begin.

November 9: Last day to withdraw from the University

November 17–25: Thanksgiving Break—No Classes

Review final exam schedules (dates, times, locations). Check on final exam workshops at the Visor Center.

December 8–15: Final exam week

December 20: Check grades on My.IllinoisState.edu after 2 p.m.

Spring 2019 Calendar

January 11: Spring proficiency exams taken in departments at 1 p.m.

January 14: First day of classes

Make final adjustments to schedule—contact academic advisor prior to making changes.

January 18: Last day to add a full-semester class without a department/school override

January 21: Martin Luther King Jr. Day—No classes

Explore support services, such as tutoring and study skills opportunities, at the Visor Center

January 28: Last day to drop a full-semester class with no grade assigned. If you wish to drop a class, contact your academic advisor first. Registration ends.

Start planning to make an appointment with your academic advisor. Registration for summer and fall is March 25 through August 18.

March 4: Academic progress alert grades available online after 1 p.m. Discuss grades and improvement strategies with the professor, if necessary.

March 8: Last day to drop a full-semester class. You will receive a WX. Contact your academic advisor prior to dropping a class.

March 9–17: Spring break—No classes

March 18: Second half-semester classes begin

April 12: Last day to withdraw from the University

Review final exam schedules (dates, times, locations). Check on final exam workshops at the Visor Center.

May 4–10: Final exam week

May 17: Check grades on My.IllinoisState.edu after 2:00 p.m.

Additional campus resources

Campus Recreation
Career Center
International Studies
Student Access and Accommodation Services
Technology Support Center
Testing Services
Student Counseling Services
Student Health Center
Counseling Service